

MY FRENCH PHYSIO

A trusted physio-osteopath partner
for concierges, butlers and chalet managers

Courchevel – Winter 2026 / 2027

Why your team can recommend us without thinking twice

When a guest twists a knee on the first morning. When a back seizes the hour before a meeting. When a butler is asked at midnight to find someone – and the answer has to be the right one, in fluent English, at the property, without fuss. We exist for those moments.

ALREADY TRUSTED BY YOUR PEERS

Since 2003, on call for some of Courchevel's most prestigious addresses:

Cheval Blanc Courchevel – LVMH / Guerlain Spa

Les Airelles Courchevel – Lov Group

Le Mélézin Courchevel – Aman Resorts

Como Shambhala Estate – Singapore

Pacific Club – Hong Kong

Three reasons your guests will thank you

ONE · DUAL-QUALIFIED, STATE-REGISTERED

A French state-registered physiotherapist and osteopath in a single practitioner. Five years of physiotherapy plus five years of osteopathy. Twenty years of practice in Courchevel and Les Trois Vallées. One practitioner covers the full scope of manual and rehabilitation care, from acute ski injury to discreet recovery for week-long retreats.

RPPS 10005513642 · Ordre MK n° 31912

TWO · FLUENT IN ENGLISH

Every consultation is conducted in native-level English. No clinical fumbling, no translation friction, no embarrassment for your guests. French is a native language.

THREE · DESIGNED FOR DISCRETION

A fully mobile single-practitioner practice means no risk of a guest being recognized in a waiting room. No social media. No name disclosure to third parties. Confidentiality agreements available on request. Your relationship with your guest is protected.

How we work together

SERVICE FOR YOUR PROPERTY

In-chalet, in-suite, in-room treatment, on demand
Same-day appointments through the winter season
7 days a week, 08:00 – 22:00 (December to late April)
Emergency reachability during peak weeks
4x4 vehicle – treatments proceed in any weather
Equipment brought to the property – no setup from your team
Compatible with major international insurance

WORKING ALONGSIDE YOUR TEAM

01 A single point of contact. Direct WhatsApp / phone line for your concierge desk, head butler or chalet manager.
02 Transparent communication. Treatment plans and outcomes shared with your team upon guest consent.
03 Property memory. Upon request and with strict confidentiality, a discreet record of recurring guests.
04 Commercial terms. Bespoke retainer agreements or per-visit billing – agreed privately with management.

Begin a conversation

Mathieu Zelechowski – founder and sole practitioner.

PHONE & WHATSAPP BUSINESS

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PARTNER-FACING PAGE

www.myfrenchphysio.com/concierge-and-butler-partners

Inquiries from concierge and butler teams are answered within the hour during winter office hours. Happy to arrange a short introduction call or a coffee at your property at a time that suits your team.

CREDENTIALS

French state-registered physiotherapist (RPPS 10005513642)

French state-registered osteopath (Ordre MK n° 31912)

École d'Assas Paris 1998 · Collège Sutherland 2004 · European School of Osteopathy, UK

20+ years of practice in Courchevel and Les Trois Vallées

Recognized by Cigna, AXA Global, Allianz Care, Bupa, Vitality, GeoBlue

Rated 4.9 / 5 on Google

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